

IM/SUBCUT injections

1. Check DRUG CHART for completeness of Prescription.
2. Check for wires clutters, spillages on the floor.
3. Provide privacy and dignity.
4. Wash hands
5. Get DRUG chart review MEDS READ DRUG CHART, MENTION 10RIGHTS, Introduce self..Check identity, Name pt DOB, allergies, Preferred name.
6. Check if pt comfortable..leave call bell..inform will go back with materials needed..
7. Handwash/Handrub
8. Prepare materials:
 - Syringe (appropriate size)
 - Needle (21G)
 - Pink needle for aspirate, BLUE needle for administration
 - Alcohol swab
 - Plaster
 - Gloves
 - Handscrub
 - Medication AMPULE (check integrity/intact, expiration date, cloudiness, precipitate) follow hospital protocol guidelines if present and return to pharmacy.
 - TRAY
9. TRAY is clean so no need to clean..
10. HANDSCRUB
11. Wear gloves
12. Open aspirating needle (Pink) and place to tray (inside packaging still)
13. Open syringe and and connect to aspirating needle.
14. Tap the neck of AMPULE so the medication will be at the bottom of the AMPULE.
15. Clean neck of AMPULE and snap off the neck with gauze around for safety.
16. Check contents if with parts of AMPULE if present discard.
17. Aspirate the medication amount according to prescription at eye level. Place AMPULE back to tray for checking before administration on bedside. Recap using scooping one hand technique.
18. Tap to remove air bubbles. Change needle with Blue needle for administration. Throw the aspirating needle to sharps bin.
19. Remove gloves orange bin and HANDSCRUB.
20. Bring tray and trolley to pt. Explain the medication to be given. Ask if comfortable.
21. Ask dominant hand? Ask if can give medication on NON DOMINANT hand to administer medication.
22. Locate site. Ask consent if its alright to pull up sleeves. And expose the skin. –Check for lesions, integrity, bruises. Make sure injection site has healthy skin.
23. 2-3 fingerbreadths from acromion process. Site is the center.
24. Handscrub.
25. Wear Gloves

26. Hold the syringe in a dart like motion with your dominant hand.
27. Spread the skin taut using non dominant hand ("Sharpscratch in 3,2,1) and insert the needle at 90° angle. Allow 1cm of needle showing above the skin.
28. Hold the hub while keeping skin taut using NON DOMINANT hand.
29. Pull back the plunger slightly. Check if blood is present. If so remove the needle and DoNot administer drug. If NO BLOOD, administer the drug slowly and smoothly. 1ml per 10 seconds. Wait for 10sec before withdrawing the needle.
30. Remove syringe slowly. Do not recap. Throw in the sharps bin immediately.
31. Place plaster on injection site. Apply gentle pressure but do not massage.
32. Make pt comfortable. Monitor for side effects.
33. Discard all sharps in sharps bin. Others in yellow bin
34. Handwash
35. Clean tray/trolley.
36. Document with name and signature. Dose, Date and time, route, medication given. Identify when next IM injection site.
37. Reassure pt to contact nurse if in case they have questions.

10 Rights

1. Right PATIENT
2. Right DRUG
3. Right DOSE
4. Right Date and Time
5. Right ROUTE
6. Right Preparation, Diluent, size of syringe and needle
7. Validity of Prescription
8. Legibility of prescription
9. Signature of Prescriber (Bleep#)
10. Complete documentation